

Explore Goodness

Confession is agreeing with God.

We can agree with God about positive and negative things.

This week, start your day confessing your agreement with good things.

End your day agreeing with God about what you could have done better.

He is happy to celebrate with you and he is faithful to forgive you.

Read James.

Assess your goodness on the various topics James addresses in his letter to churches (taming the tongue, judging, humility, etc)
What do you want to work on?

Fast for a day.

Take your hunger (or frustration with fasting), and keep asking yourself if you hunger for goodness.
Ask God to help you desire goodness.

Core Truth:

Goodness is choosing to live by God's value system.

Goodness will never save you or make God love you more.

Q: So why make the effort?

A: To honor the God who saved you!

What values do you already share with God?
Which of God's values do you need to work on?

Check out this article about goodness:
<https://tinyurl.com/y9vcwbq7>
What did you learn?

Read Galatians 6:1-10

Note the ways that goodness is a shared burden.
Who has permission in your life to encourage your progress in being good?
Who are you encouraging?

Goodness frequently spills over into kindness.

Who do you know that's going through a difficult time right now?
What's one practical way you could lighten their load?
Make a plan and do it!